

DIVERTED TO SUCCESS



CHAIRS STATEMENT

Meirim has successfully grown from a small support group into a safe community space for at-risk teens. Our aim is not just to handhold, but to help our teens heal. Through multiple approaches, we support our young teens in a holistic, user-involved way.

Our trained facilitators have been working with struggling teens for 13 years, accepting their choices without judgement and providing them with a chance for change, a space to reconnect and make different life choices.

Meirim teens often feel suspicious of authority. They've disconnected from their families, act in a passive-aggressive manner and live at the edge of society. There is no one-size-fits-all approach for them. Meirim specialises in an individualised system, along with peer-to-peer mentorship support to ensure that each of their needs are attended to.

In conjunction with therapy, we offer a range of activities to encourage them to develop healthy lifestyles, interpersonal skills, and teamwork.

In this financial year, we have successfully supported 24 young teens through substance abuse, hospitalisation, and mental health crises. But we have a waiting list of 18 teens who would tremendously benefit from our services as well. That's why we need your support to extend Meirim's vital services to every teen who's struggling. Your donation enables us to grant them a lifeline, taking them off the streets and into a healthy future.





VISION

We steer at-risk teens toward meaningful growth and achievement and help them create a purposeful life.



MISSION

We help teens develop their natural talents, build healthier relationships and explore their options for lifelong careers.

The Meirim Distinction

Stabilise

Stabilise - We prepare teens for real life as they engage in learning and personal development

Cultivate

Through a nurtured environment, young teens can thrive, develop and grow daily

Develop

Equipped with essential interpersonal life skills, young teens are prepared to face daily life

Grow

Through a commitment to self-development, team building and social action, young teens learn trust, connection and respect



WHO WE ARE

HOW WE STARTED

In 2018, eleven parents of at-risk teens started Meirim Illuminating Ltd as a small volunteer group to help their children. In 2022, Meirim was registered as a charity. The organisation's role has exploded into a unique service supporting education, social engagement and personal development for teens at risk.

WHY WE'RE NEEDED

The eleven parents who founded Meirim found support from compassionate professionals, including doctors, social workers, and therapists. They were concerned about the challenges their teens faced, such as homelessness, substance abuse, and trauma. They wanted to give their a second chance at a successful life. By identifying the core issues behind the teens' chaotic behavior and providing guidance, Meirim helps them overcome their shame and fear of seeking help.

WHAT SUCCESS LOOKS LIKE

We know we're succeeding when we see our teens climb out of their mental health crises or overcome their substance addictions. Our alumni are motivated to support other struggling teens and show them what they can be.. Each success story looks different, but when we see them working toward a healthy future and giving back to the community, we know Meirim's work has made a difference.



INTRO THEME

"AT RISK" SAYS SO LITTLE ABOUT WHO OUR TEENS ARE AS PEOPLE. MEIRIM VALUES AND EMBRACES DIFFERENCES. RE-ROUTED. THEY HAVE TAKEN A DIFFERENT PATH TOWARD THEIR PERSONAL LIFE JOURNEYS. WE OFFER A SPACE FOR LEARNING, GROWTH, AND DEVELOPMENT, WHERE THEY CAN SPEND TIME TOGETHER AND GROW. FOR THEM, THEIR DESTINATION WILL BE REACHED IN A DIFFERENT WAY.

Meirim offers services to young teens developing at-risk behaviours, those who have tried and tested the system. These kids repeatedly failed in their education, only to fail yet again. While life is a repetition of failures, Meirim celebrates diversity, uncovering strengths and supporting change.

We empower teens who feel like they're failing at life with the tools they need to grow into successful, motivated adults.

We cultivate a safe, warm space ; a robust, dedicated professional team, and fun, stimulating activities. Meirim teens learn to model good behaviours, find their unique path in life, and become the healthy adult they wish to be.

We also work with parents strategically, training them to approach their children's issues from an empathetic, helpful perspective.






David G. 14 years

I never budgeted; all I did was demand endless funds from my Dad. That stopped abruptly after I entered Meirim. I didn't want to conform to the rules, but that was exactly what led to my life becoming so much better. My Dad said no to me, he was no longer frightened of my tantrums. I loved that stability and kindness. I felt cared for the first time in my teen life.

Before attending Meirim, I was way too caught up in my own world, thinking only about myself and what I wanted. But Meirim changed all that. It was like a wake-up call to the reality of human connection. For the first time, I learned the value of truly listening to others. Meirim taught me that listening isn't just about hearing words; it's about understanding emotions, empathizing with others, and building meaningful relationships.

Michael D. 16 years





Sam* entered Meirim youth group having been expelled from 4 schools. Sam developed a knack for avoiding authority so he could remain under the radar. However, for Sam, school and social life were an absolute mess. He was ready for change. Sam came to Meirim after being shifted from institution to institution, suspicious of anyone who tried telling him what to do. Our trained facilitators sensed deep distrust and aggressive attitude. We proved to him that there is a way towards success. Now Sam works as an IT technician in a local office, earning a steady wage through a job that gives him fulfillment and stability. He credits his new lease on life to Meirim.

MEIRIM'S SERVICES

ARTS AND DRAMA

To stimulate our teens' creative side, we offer a range of activities such as art, clay, pottery, painting, woodwork, music and drama.

MENTORING & THERAPY

Meirim provides one-on-one mentorship and therapy, including psychotherapy and trauma support.

CAREERS TRAINING AND JOB PLACEMENTS

As soon as Meirim teens are ready, they can take advantage of our career assessments and options for careers training and work placements where they'll feel successful.

CRISIS INTERVENTION

Our licensed social workers guide Meirim teens through crisis, taking care of case management, overdoses, and hospitalisations until they're ready for a long-term plan.

FUNCTIONAL SKILLS

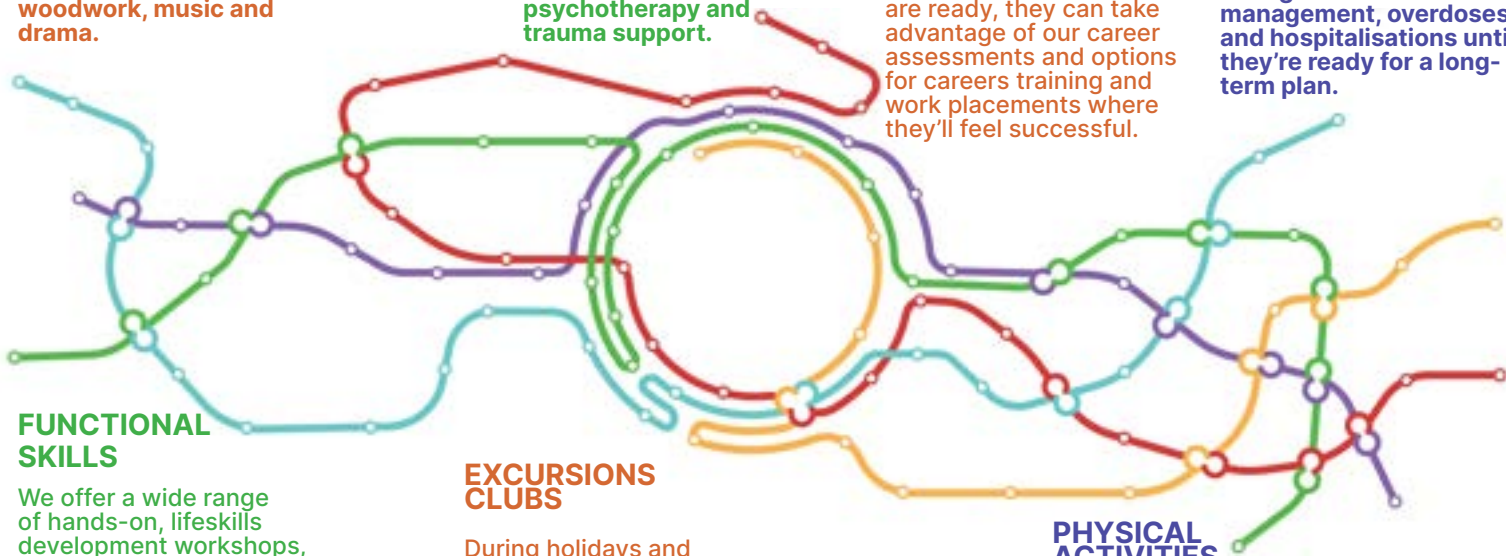
We offer a wide range of hands-on, lifeskills development workshops, including digital tech, financial resilience, first aid, smoking prevention, anti-bullying, relationship development, and safety awareness sessions.

EXCURSIONS CLUBS

During holidays and throughout the year, Meirim arranges adventurous getaways and retreats, creating a positive, uplifting time off to reconnect and boost young teens' energy.

PHYSICAL ACTIVITIES

Meirim offers a range of activities both on- and off-campus, including exercise fitness, swimming and nutritionist-led health groups.



MEIRIM ILLUMINATING LTD TRUSTEES ANNUAL REPORT YEAR ENDED 31 MAY 2023

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 May 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES

The trustees who served the company during the period were as follows:

Y Stroh
P Benedikt
B Stempel

All major decisions are taken collectively by the trustees. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is constituted as a company limited by guarantee, and is therefore governed by its Memorandum and Articles of Association.

The governors (trustees) administer the day – to – day affairs of the charity. None of the trustees have any beneficial interest in the charity.

It is not currently the intention of the trustees of the charity to appoint new trustees. Should the situation change in the future, the trustees will apply suitable recruitment training and induction procedures.

RISK REVIEW

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

OBJECTIVES AND ACTIVITIES

Meirim Illuminating Limited was set up to advance education and training of young people in subjects which will develop their capacity and skills to reach their full potentials. The charity also helps relieve financial hardship in particular but not exclusively by the provision of grants.

RISK MANAGEMENT

The trustees have put in place systems to identify risks and review the systems regularly.

AREVIEWOFOURACHIEVEMENTSANDPERFORMANCES

The Trustees are satisfied with the results of the first year.

RESERVES

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure, and they feel fortunate in having been able to maintain that level of reserves.

PLANS FOR THE FUTURE

As part of our ongoing plans for the future, we are looking to carry on with our successful work and are constantly fundraising to cover our expenses.

Signed on behalf of the trustees

Trustee
28th December 2023

MEIRIM ILLUMINATING LTD TRUSTEES ANNUAL REPORT YEAR ENDED 31 MAY 2023

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MEIRIM ILLUMINATING LTD NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2023

I report on the accounts of the charity for the year ended 31 May 2023 set out on pages 6 to 10.

Respective Responsibilities of Trustees and Independent Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

a) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with Section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

MEIRIM ILLUMINATING LTD

STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 May 2023

	Notes	Unrestricted funds £	Total 2023 £
INCOMING RESOURCES			
Incoming resources from generated funds			
Donations and legacies	3	158,405	158,405
Government grants			
Total Incoming resources		158,405	158,405
RESOURCES EXPENDED			
Fundraising costs			
Expenditure on charitable activities	4,5	70,871	70,871
Support Cost		5,588	5,588
Total resources expended		105,563	105,563
NET INCOMING/(OUTGOING) RESOURCES		52,842	52,842
RECONCILIATION OF FUNDS			
Total funds brought forward		0	0
TOTAL FUNDS CARRIED FORWARD		52,842	52,842

BALANCE SHEET

31-May-23

28 December 2023

	Notes	£	2023 £
CURRENT ASSETS:	6		
Debtors		49,700	
Cash at bank and in hand		<u>3,802</u>	
			<u>53,502</u>
CREDITORS: Amounts falling due within one year	7	<u>-660</u>	
Net Current assets/(liabilities)			<u>52,842</u>
CREDITORS: Amounts falling after more than one year	8		
NET ASSETS:			<u><u>52,842</u></u>
FUNDS			
Unrestricted funds	9	<u>52,842</u>	
TOTAL FUNDS			<u><u>52,842</u></u>

The Charitable company is entitled to exemption from audit under section 477 of Companies Act 2006 for the year ended 31 May 2023.

The trustees have not required the charitable company to obtain an audit of its financial statements for the year ended 31 May 2023 in accordance with section 476 of Companies Act 2006.

The trustees acknowledge their responsibilities for

a) ensuring that the charitable company keeps accounting records that comply with Section 386 and 387 of the Companies Act 2006 and

b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with all the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provision of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial reporting Standard for smaller entities (effective April 2008)

Approved by the board of Trustees on:

And signed on their behalf by:

Y Stroh

Trustee

MEIRIM ILLUMINATING LTD

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 May 2023

1 ACCOUNTING POLICIES

Accounting convention

These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost residual value of each asset over its expected useful life, as follows:

Fixture and fittings -15% reducing balance

2 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees remuneration or other benefits for the year ended 31 May 2023

Trustees Expenses

There were no trustees expenses paid for the year ended 31 May 2023

3 DONATIONS AND LEGACIES

A list of donations and legacies received are available from the office upon request in writing.

MEIRIM ILLUMINATING LTD

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31 May 2023

INCOMING RESOURCES

Incoming resources from generated funds

3. Donations and legacies	Unrestricted funds £	Total 2023 £
	158,405	158,405
Total incoming resources	158,405	158,405

4. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total 2023 £
College expenditure	65,060	65,060
Fundraising costs	29,105	29,105
Support costs	5,588	5,588
Therapy	5,811	5,811
TOTAL	105,564	105,564

5. Analysis of support costs	Unrestricted Funds £	Total 2023 £
Communications and IT	3,693	3,693
General office	427	427
Accountancy fee	660	660
Governance cost -Legal and professional fees	719	719
Governance cost -Other finance costs	89	89
	5,588	5,588
	Unrestricted Funds £	Total 2023 £
College costs		
Food	25,694	25,694
Wages	13,502	13,502
Activities	13,374	13,374
Camp	11,400	11,400
Books	1,090	1,090
	65,060	65,060

Average number of employees, during the year was as follows: 2

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £
	<u>49,700</u>
Other Debtors	<u><u>49,700</u></u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

2023 £
<u>660</u>
<u><u>660</u></u>

8. Unrestricted funds

	At 16.11.22	Net movement in funds £	At 31.05.23 £
General fund	0	52,842	52,842
TOTAL FUNDS	<u>0</u>	<u>52,842</u>	<u><u>52,842</u></u>

Net movement in funds, included in the above are as follows:

	Incoming Resources	Resources Expended	Movement in Funds
Unrestricted funds			
General fund	158,405	105,563	52,842
TOTAL FUNDS	<u>158,405</u>	<u>105,563</u>	<u><u>52,842</u></u>

MEIRIM ILLUMINATING LTD TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name

MEIRIM ILLUMINATING LTD

Charity number

1201029

Principal office

**3 The Approach
London
NW4 2HU**

Trustees

**Y Stroh
P Benedikt
B Stempel**

Accountant

**JS& Co Accountants
26 Theydon Road
London E5 9NA**

Bankers

**Wise
Virgin Money**